



Department of Sports Science and Yoga
Ramakrishna Mission Vivekananda Educational and Research Institute

(Deemed to be-University declared by Govt. of India under Section 3 of UGC Act, 1956)
Belur Math, Howrah - 711202, West Bengal, India

Three-Day Hands-on Workshop

Psychological Assessment and Intervention for Peak Performance in Sports

Last date
30 Nov 2026

Dates: 4th - 6th December, 2026 | **Timing:** 10:00 AM - 04:00 PM

Residential facility available for outstation candidates

Resource Persons



Dr. Mahendra Kumar Singh
Professor & HOD
Department of Sport Psychology
LNIPE, Gwalior



Ms. Anushka Datta
Consultant Psychologist & Guest Lecturer
Vivekananda Institute of Medical Sciences
RKMS, Kolkata



Dr. Manohar Kumar Pahan
Assistant Professor
Dept. of Sports Science & Yoga
RKMVERI, Belur Math

Workshop Highlights

Hands-on Experience in Psychological Skills Training

Competition Mental Preparation & Zone Activation Strategies

Case Formulation & Athlete Profiling

Applied Sports Psychology Intervention Design & Monitoring

Post-Training Recovery Strategies

Target Participants

Sports Coaches

S&C Coaches

Sports Psychologists

Sports Scientists

High-Performance Practitioners

Researchers, faculty members, and postgraduate students of Sports Science, Psychology, and allied sports disciplines.

Registration Fee

Faculty & Working Professionals ₹ 2,000/-
Students & Research Scholars ₹ 1,000/-

Includes

Lunch, tea & snacks for all 3 days

Certificate of Completion

Hands-on Workshop Kit

Scan to Register Online



Registration Last Date: 30th Nov, 2026

Special offer for out-of-state students:

Reimbursement of 50% of 3-tier AC train fare (both ways)

On-campus accommodation & food available from **3-6 December 2026**

Please contact workshop coordinator for more information:

Dr. Manohar Kumar Pahan, +91-6200665093, manohar.pahan.ssy@gm.rkmvu.ac.in