



Department of Sports Science and Yoga
Ramakrishna Mission Vivekananda Educational and Research Institute
(Deemed to be-University declared by Govt. of India under Section 3 of UGC Act, 1956)
Belur Math, Howrah 711202, West Bengal

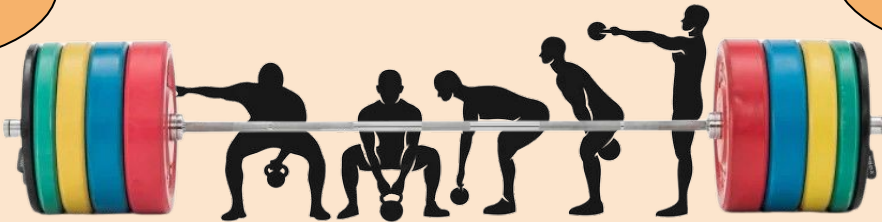
Online Webinar on

Strength & Conditioning in Cricket

13th July, 2024 (10:30am to 1:00pm)

Last date
10 July, 2024

Registration
fee- ₹100/-



Speakers



Mr. Bhargav Sarmah
Assistant Professor
ASCA Level 2 Accredited Coach
Rashtriya Raksha University, Gandhinagar



Dr. Subhashis Biswas
Assistant Professor
Faculty of Physical Education and Yoga,
ICFAI University, Agartala, Tripura
ISAK Level I

Schedule of the Webinar

13 July, 2024

- **10:30am-10:45am-** Introduction and Welcome Address
- **10:45am-12.00pm-** Administration to Adaptation: Programme Designing Approach for Cricket Bowlers- *Mr. Bhargav Sarmah*
- **12:00pm-1:00pm-** Fitness Management Strategies for Wicket Keepers- *Dr. Subhashis Biswas*

Important Instruction:

1. **Who can Attend?** Coaches, Fitness Trainers, Teachers, Sport Scientists, Research Scholars, Students.
2. At the end of the webinar an online quiz of 50 marks will be conducted through Google forms.
3. e-certificate will be issued & sent to email address of participants scoring at least 50%

For registration visit:

Last date of registration: **10 July 2024**

Contact for more information:

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