



# Ramakrishna Mission Vivekananda Educational and Research Institute Belur Math

Department of Sports Science &



Celebrating

# Yoga Mahotsav 2024

On

20 April 2024

100 days countdown to

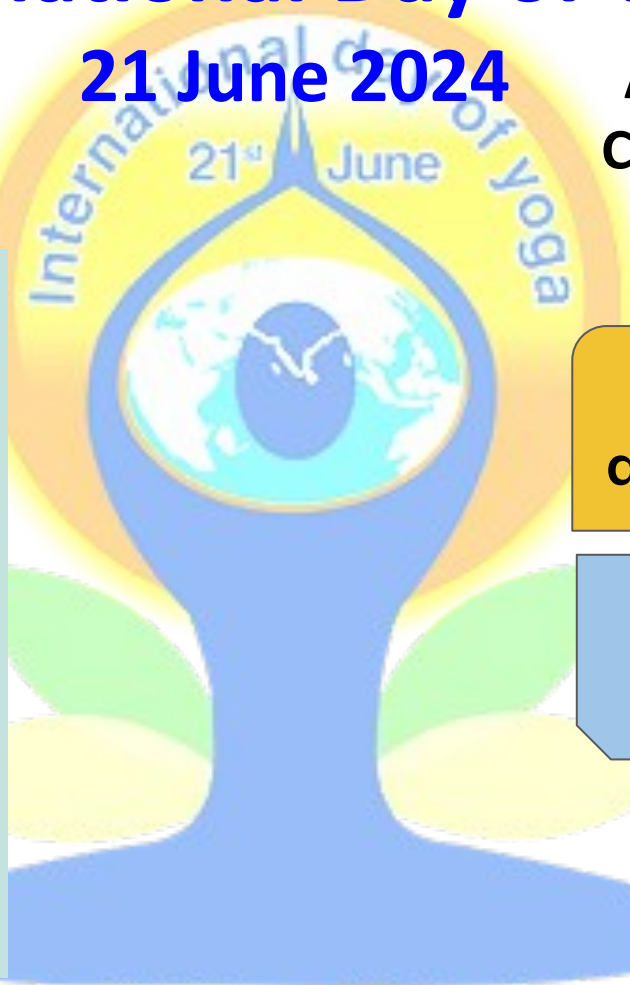
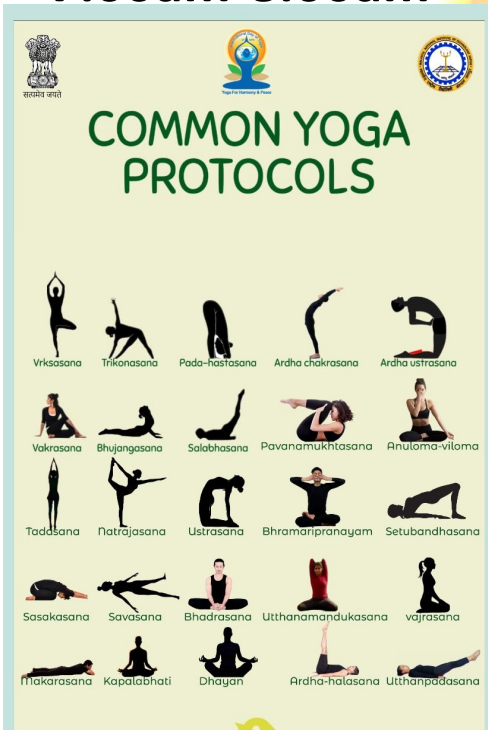
## International Day of Yoga

21 June 2024

At University grounds

7.00am-8.00am

At Abhedananda Convention Center  
Belur Math,  
9am-11.15am



Yogasana demonstration

Yoga Seminar

Artistic Yoga

Yoga for Harmony & Peace

