



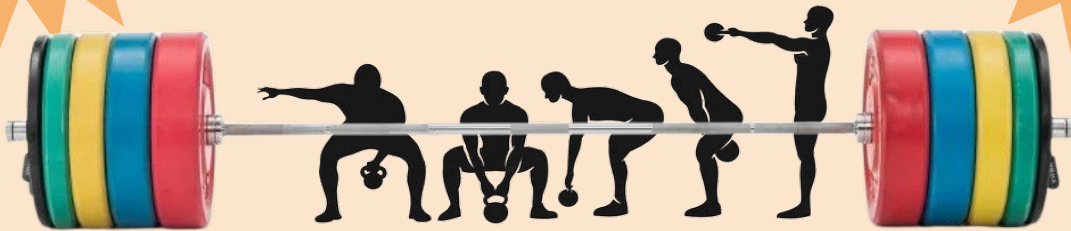
Department of Sports Science and Yoga
Ramakrishna Mission Vivekananda Educational and Research Institute
(Deemed to be-University declared by Govt. of India under Section 3 of UGC Act, 1956)
Belur Math, Howrah 711202, West Bengal

Workshop on
**Maximizing Athletic Performance: Effective Strength and
Conditioning in Sports**

25th & 26th May, 2024
Venue: RKMVERI, Belur Math

30 Seats
Only

Registration
fee- ₹500/-



Speakers



Dr. Nakul Tumkur Anil Kumar
PhD Strength and Conditioning
Cardiff Metropolitan University, UK
NSCA – CSCS



Dr. Manohar Kumar Pahan
Assistant Professor
Department of Sports Science and Yoga
RKMVERI, Belur Math, Howrah



Dr. Vijmendra Kumar Grover
Assistant Professor
Faculty of General & Adapted Physical
Education and Yoga, Coimbatore

Important Instruction:

1. **Who can Attend?** Coaches, Fitness Trainers, Teachers, Sport Scientists, Research Scholars, Students.
2. Certificate of participation will be given based on attendance

Last date
23 May 2024

For registration visit: <https://sy.rkmvu.ac.in/>

Workshop Conveners:

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