

MSc Sports Science 2022 curriculum
Department of Sports Science & Yoga, RKMVERI Belur Math

Semester 1						Semester 2					
			Credits						Credits		
Sl. no.	Course Code	Topics	Th	Pr	Total	Sl. no.	Topics	Th	Pr	Total	
1	SSMSCP 101	Computer Applications	0	2	2	1	SSMSCT&P 201 Sports Medicine, Ergogenic aids & Doping	2	1	3	
2	SSMSCT 102	Introduction to Human Anatomy	2	0	2	2	SSMSCT 202 Sports Psychology	3	0	3	
3	SSMSCT&P 103	Introduction to Human Physiology	3	1	4	3	SSMSCT&P 203 Exercise Physiology	2	2	4	
4	SSMSCT 104	Biomechanics of Human Movement I	2	0	2	4	SSMSCT&P 204 Biomechanics of Human Movement II	3	1	4	
5	SSMSCT&P 105	Nutrition & Metabolism	3	1	4	5	SSMSCT&P 205 Bioenergetics & Exercise Metabolism	2	1	3	
6	SSMSCT&P 106	Sports Coaching & Training Methods	2	2	4	6	SSMSCT 206 Kinesiology	3	0	3	
						7	SSMSCT 207 Physiology of Yogic Practices	2	0	2	
						8	Swayam-Introduction to Psychology	2	0	2	
			TOTAL	12	6	18		TOTAL	19	5	24
Semester 3						Semester 4					
			Credits						Credits		
Sl. no.	Topics	Th	Pr	Total	Sl. no.	Topics	Th	Pr	Total		
1	SSMSCT&P 301 Applied Sports Physiology	3	1	4	1	SSMSCT&P 401 Dissertation @ RKMVERI /Internship at SAI	0	8	8		
2	SSMSCT&P 302 Research methodology & Biostatistics	3	0	3							
3	SSMSCT 303 Communication Skills & writing	1	0	1	2	Swayam course - Biomechanics	3	0	3		
4	SSMSCT&P 304 Strength & Conditioning **	2	1	3							
5	SSMSCT&P 305 Neuroscience of Exercise and Sports **	2	1	3							
6	Swayam-Sports Administration and Management	3	0	3							
		TOTAL	14	3	17		TOTAL	3	8	11	
<i>at Coimbatore</i>											
1	SSMSCT&P 402 Sports Rehabilitation	2	2	4							
2	SSMSCT&P 403 Games of Specialization	2	2	4							
3	SSMSCT&P 404 Adapted Physical Education	2	2	4							
		TOTAL	6	6	12						