

Who can attend?

Students in Master degree program in Sports Science/Exercise Physiology/Sports Nutrition/Sports Psychology/ Sports related subjects. Research scholars (PhD students) in these subjects and Faculty members teaching these subjects are also encouraged to apply

Registration

<http://sv.rkmvu.ac.in/>
Rs 300 /- (students),
Rs. 500/- (others)

Number of seats

50

Key Dates

Start date: 16 January 2023
End date registration: 8 March 2023

Venue

ATMAVIKAS, Ramakrishna Mission Vivekananda Educational and Research Institute, Belur Math, Howrah, West Bengal

Contact

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Resource Persons



Dr. Hanjabam Barun Sharma

*MBBS, MD, DSM (Sports Medicine)
President, ISSEM
Assistant Professor, Sports-Exercise Medicine & Sciences, Department of Physiology, Institute of Medical Sciences, Banaras Hindu University, Varanasi*

Dr. Santi Ranjan Dasgupta

*MBBS, D.Ortho, FRGS, Orthopedic Surgeon
Visiting Faculty, Department of Sports Science & Yoga, RKMVERI
Asst. General Secretary, East Bengal Club, Kolkata*



Prof. (Dr.) Arnab Sengupta

*MBBS, MD
Professor & Head
Department of Physiology,
IPGMER, SSKM Hospital, Kolkata*

Dr. Shikhar More

*MD, DM - Onco-Anaesthesia (AIIMS, New Delhi) Consultant,
Department of Anaesthesia, Critical Care and Pain,
Tata Medical Centre, Kolkata*



Symposium-cum-workshop on



Sports Medicine

and Rehabilitation

11 & 12 March 2023

Organized by -

**Department of Sports Science and Yoga
Ramakrishna Mission Vivekananda Educational
and Research Institute**

(Deemed-to-be-University)

Belur Math, Howrah, West Bengal - 711202

www.rkmvu.ac.in

under the aegis of



unesco
University Chair

**in Inclusive Adapted
Physical Education and
Yoga (ID 1004)**



About RKMVERI

Ramakrishna Mission Vivekananda Educational & Research Institute (RKMVERI), declared by the Government of India as a Deemed University, is a multi-campus University with its Headquarters at Belur Math, West Bengal. Under the aegis of the renowned philanthropic and charitable organization 'Ramakrishna Mission', the University was started in 2005 with a vision to be a Centre of learning blending the twin excellences of ancient Indian wisdom and modern scientific knowledge and technological skill, imparting life-building, character making education.

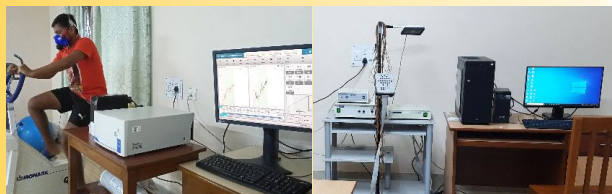
Its mission is to strive for excellence in teaching, research and all academic endeavours, blend it with Eastern and Western values, to develop integrated personalities harmoniously combining the three H's – Heart to feel, Head to think, Hands to work along with a deep sense of social responsibility. We are delighted to state that our University got the highest **A++** accreditation by NAAC. RKMVERI has four campuses in key locations at Belur (Main campus), Coimbatore (Tamil Nadu), Ranchi (Jharkhand), and Narendrapur (Kolkata, WB).



About Department of Sports Sc & Yoga

In the year 2012, the University established a full-fledged academic department to promote scientific study and research related to sports, including adapted sports, and yoga - **'Department of Sports Science & Yoga'**.

The five-storey building christened as 'Atma-Vikas' (literally, five-layered self-development) houses the Department of Sports Science and Yoga, equipped with modern laboratories and classrooms, state-of-the-art conference room, a fully functional fitness centre and huge Yoga halls, dedicated exclusively to teaching and research in the fields of Sports Sciences and Yoga.



About the Symposium-cum-Workshop

Motivation, effective training, 360 degree scientific support, nutrition, tactical planning and other aspects play a role in sporting success. India's performance in the recently concluded Tokyo 2020 Summer Olympics and Paralympics, where India won 7 medals including one precious gold medal in Javelin throw, signifies the importance of proper training and recovery management. An incredible 19 medals achievement in Paralympics, including 5 gold medals, further demonstrated the importance of scientific science and sports medicine support during training and competitions. To compete and level with the internationally leading countries in sports arena, it is necessary for Indian support staff, aspiring professionals, and students to develop knowledge on different types of sports injuries, injury screening and management, protecting health and fitness of the athletes, and improving performance. To cater this modern-era of scientific approach to sports, Department of Sports Science and Yoga of RKMVERI, Belur Math, West Bengal is organizing a 2 days symposium-cum-workshop on **'Sports Medicine and Rehabilitation'**.

The program will held offline and mostly hands-on. End of the session the participants will be able to understand various types of injuries, the importance of sports medicine in treating, protecting and enhancing performance of a sports person.

