



Department of Sports Science & Yoga Ramakrishna Mission Vivekananda Educational and Research Institute

Belur Math, Howrah, West Bengal-711202



Report of

Symposium-cum-workshop on “Sports Medicine & Rehabilitation”

11 & 12 March 2023

Two-day symposium-cum-workshop on “Sports Medicine & Rehabilitation” was organized on 11th & 12th March 2023 by the Department of Sports Science & Yoga, RKMVERI, Belur. Around 45 candidates from all over India took part in this symposium-cum-workshop in which several doctors, physios, sports science students, fitness trainers, yoga practitioners, and human physiology students were there.

<p>Who can attend? Students in Master degree program in Sports Science/Exercise Physiology/Sports Nutrition/Sports Psychology/ Sports related subjects. Research scholars (PhD students) in these subjects and Faculty members teaching these subjects are also encouraged to apply</p> <p>Registration http://svrkmvu.ac.in/ Rs 300 /- (students), Rs. 500/- (others)</p> <p>Number of seats 50</p> <p>Key Dates Start date: 16 January 2023 End date registration: 8 March 2023</p> <p>Venue ATMAVIKAS, Ramakrishna Mission Vivekananda Educational and Research Institute, Belur Math, Howrah, West Bengal</p> <p>Contact Dr. Arnab Das 8961222659 Email ssv@gm.rkmvu.ac.in</p>	<p>Resource Persons</p> <p>Dr. Hanjabam Barun Sharma MBBS, MD, DSM (Sports Medicine) President, ISSEM Assistant Professor, Sports-Exercise Medicine & Sciences, Department of Physiology, Institute of Medical Sciences, Banaras Hindu University, Varanasi</p> <p>Dr. Santi Ranjan Dasgupta MBBS, D Ortho, FRGS, Orthopedic Surgeon Visiting Faculty, Department of Sports Science & Yoga, RKMVERI Asst. General Secretary, East Bengal Club, Kolkata</p> <p>Prof. (Dr.) Arnab Sengupta MBBS, MD Professor & Head Department of Physiology, IPGMER, SSKM Hospital, Kolkata</p> <p>Dr. Shikhar More MD, DM- Onco-Anaesthesia (AIIMS, New Delhi) Consultant, Department of Anaesthesia, Critical Care and Pain, Tata Medical Centre, Kolkata</p>	<p></p> <p>Symposium-cum-workshop on</p> <p></p> <p>Sports Medicine and Rehabilitation</p> <p>11 & 12 March 2023</p> <p>Organized by - Department of Sports Science and Yoga Ramakrishna Mission Vivekananda Educational and Research Institute (Deemed-to-be-University) Belur Math, Howrah, West Bengal - 711202 www.rkmvu.ac.in under the aegis of</p> <p> unesco University Chair</p> <p>in Inclusive Adapted Physical Education and Yoga (ID 1004)</p>
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On the first day, Revered Swami Atmapriyanandaji Maharaj, Pro-Chancellor, RKMVERI graced the occasion by delivering the address of benediction and felicitating our eminent speakers.



Four eminent Speakers delivered their lectures and conducted various hands-on sessions during these two days symposium-cum-workshop. The resource persons were -

- **Dr. Hanjabam Barun Sharma**, is an Assistant Professor, Sports-Exercise Medicine & Sciences, Department of Physiology, Institute of Medical Sciences, Banaras Hindu University, Varanasi. Before that, he worked as a Senior Resident in the Department of Physiology at All India Institute of Medical Sciences (AIIMS), New Delhi where he worked on Intra-Operative Neurophysiology, Cardiopulmonary Exercise Testing (CPET) as a part of pre-operative fitness assessment. He has rich academic and medical experience. He is the President of the Indian Society of Sports and Exercise Medicine (ISSEM). He has more than 40 international and national publications. During the workshop, he conducted sessions on 'Sports Injury Management and Performance Enhancement' and 'Sports cardiology'.



- **Dr. Santi Ranjan DasGupta** is a very reputed Orthopedic Surgeon & Sports medicine doctor. He is also the visiting faculty of the Department of Sports Science & Yoga, RKMVERI, Senior Executive Member and Ex-Assistant General Secretary of East Bengal Club, member of the Working Committee of Sports Council Govt. Of West Bengal, advisor to Sports Minister, Govt. Of West Bengal, member of Medical Sub-committee of CAB, and chairman of Sports Medicine IFA, and an Ex-vice chairman of the Medical Committee of AIFF. Dr. Dasgupta delivered the Keynote Address on 'Challenges and Opportunities in Sports Medicine and Rehabilitation'.



On Day 2, Swami Vidyapradananda Maharaj, Head, Department of Sports Science & Yoga, RKMVERI addressed the gathering and felicitated our distinguished speakers Prof. (Dr.) Arnab Sengupta and Dr. Sikhar More.

- **Prof. (Dr.) Arnab Sengupta**, Head of the Department, Department of Physiology, Institute of Postgraduate Medical Education & Research - SSKM Hospital delivered the keynote address on day 2 on 'Rediscovering Prof. Wasserman...'. Dr. Sengupta is involved in teaching medical education for the last 35 years, in various Medical Colleges. He is actively engaged in Biomedical research mainly Electrophysiology & Neurophysiology, Sports & Exercise Physiology. He has numerous publications in the national and international journals. Dr. Sengupta is also involved in organizing health-related social activism.



- **Dr. Shikhar More** is currently working as a Consultant in the Department of Anaesthesia, Critical Care and Pain at Tata Medical Centre, Kolkata. Dr. More completed his MD anaesthesiology in 2016. Following this he underwent three years super-speciality training in Onco-Anaesthesia (DM) at the prestigious AIIMS, New Delhi. Besides providing anesthesia services to cancer patients, his areas of interest include Perioperative Exercise Testing and Prehabilitation and cancer pain management. He is actively involved in research and has many scientific publications to his credit. Dr. More has conducted first-ever study of perioperative exercise testing in India. He is the Founder Member of Society of Onco-Anaesthesia and Perioperative Care and Life Member of various societies. Dr. More has conducted a session on "Cardio-pulmonary Exercise Testing" during the event.



- **Dr. Arnab Das**, Assistant Professor of the Department of Sports Science & Yoga, RKMVERI also delivered a lecture on 'CPET derived parameters' during the session on CPET.



At the end of this workshop, the certificates had been distributed to the participants and verbal feedback was collected. The participants appreciated and enjoyed the symposium-cum-workshop and learned several new techniques in the area of Sports Medicine and Science.





Thank you.
