

Who can attend?

Workshop*: Students in Master degree program in Sports Science /Physical Education/ allied subjects
* Please mention your preference order during application. After reviewing all applications, one workshop will be assigned to each applicant. Students are encouraged to apply early as slots are limited in each workshop. **Seminar** is open to all individuals interested in Sports

Registration Fee

Workshop+Seminar(students only): Rs. 300/-
Seminar: Rs. 300 /- (student), Rs. 500/- (others)

Key Dates

Registration & payment start date: **10th March 2022**
Registration & payment end date: **14th April 2022**
Allocation of workshops: **15th April 2022**
Workshop (offline): **16th April 2022 (11 am - 4pm)**
Seminar (hybrid mode): **17th April 2022**

Venue

ATMAVIKAS, Ramakrishna Mission Vivekananda Educational and Research Institute, Belur Math, Howrah, West Bengal
Workshop (Offline) and Seminar (Hybrid mode)

Contact

For queries send email to the **Coordinator, SSS**
sportssc.rkmvu@gmail.com

Accommodation

Limited accommodation is available **only for outstation students** willing to attend workshop. Candidates may send email request with proof of studentship and residence proof to sportssc.rkmvu@gmail.com

Program Schedule

Workshop

(16 April 2022, 10am - 1pm, 2pm-4pm)

1. Workshop on 'Modern Techniques in Exercise Physiology'
2. Workshop on 'Cognitive Assessment with EEG'
3. Workshop on 'Strength Training with Calisthenics'
4. Workshop on 'Sports Injuries and Rehabilitation'

Seminar : 'Frontiers in Sports Science'

(17 April 2022, 10am-1pm, 2pm-4pm)

1. Swami Sarvottamananda (Vice Chancellor, RKMVERI) **welcome address**
2. Shri Sandip Pradhan (Director General, Sports Authority of India) - **keynote address (online)**
3. Shri Ajit Banerjee, President IFA, Executive Member, Indian Olympic Association
4. Shri Joydeb Das (Deputy Secretary, Department of Youth Services & Sports Govt. of W.B).
5. Dr. A.S. Sajwan (Registrar, LNIPE Gwalior)
6. Dr. Snehunsu Adhikari (Scientific Officer, Sports Authority of India, Kolkata)
7. Dr. Amit Bandopadhyay (Assistant Professor, Department of Physiology, Calcutta University)
8. Dr. P. Rajini Kumar, (Assistant Professor, Department of Exercise Physiology and Sports Biomechanics TNPES University, Chennai **online**
9. Professor Giridharan Rangaraj (UNESCO Chair and Head of the Department, GAPEY, RKMVERI) - **online**
10. Dr. Jaiprakash Verma (Vice-chancellor, Aniruddhadev Sports University, Assam)- **online**
11. Br. Mrinmay Maharaj - Coordinator, Sports Sc & Yoga



Workshop & National level Seminar

Frontiers in Sports Science

16th & 17th April, 2022



Organized by -

**Department of Sports Science and Yoga
Ramakrishna Mission Vivekananda Educational and
Research Institute**

(Deemed-to-be-University)

Belur Math, Howrah, West Bengal - 711202

www.rkmvu.ac.in

under the aegis of

**UNESCO Chair in Inclusive Adapted Physical
Education and Yoga (ID 1004)**



United Nations
Educational, Scientific and
Cultural Organization



About RKMVERI

Ramakrishna Mission Vivekananda Educational & Research Institute (RKMVERI), declared by the Government of India as a Deemed University, is a multi-campus University with its Headquarters at Belur Math, West Bengal. Under the aegis of the renowned philanthropic and charitable organization 'Ramakrishna Mission', the University was started in 2005 with a vision to be a Centre of learning blending the twin excellences of ancient Indian wisdom and modern scientific knowledge and technological skill, imparting life-building, character making education.

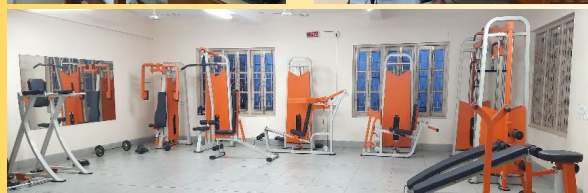
Its mission is to strive for excellence in teaching, research and all academic endeavours, blend it with Eastern and Western values, to develop integrated personalities harmoniously combining the three H's – Heart to feel, Head to think, Hands to work along with a deep sense of social responsibility. We are delighted to state that our University got the highest **A++** accreditation by NAAC. RKMVERI has four campuses in key locations at Belur (Main campus), Coimbatore (Tamil Nadu), Ranchi (Jharkand), and Narendrapur (Kolkata, WB).



About Department of Sports Sc & Yoga

In the year 2012, the University established a full-fledged academic department to promote scientific study and research related to sports, including adapted sports, and yoga - '**Department of Sports Science & Yoga**'.

The five-storey building christened as 'Atma-Vikas' (literally, five-layered self-development) houses the Department of Sports Science and Yoga, equipped with modern laboratories and classrooms, state-of-the-art conference room, a fully functional fitness centre and huge Yoga halls, dedicated exclusively to teaching and research in the fields of Sports Sciences and Yoga.



About the Workshop & Seminar

Motivation, effective training, 360 degree scientific support, nutrition, tactical planning and other aspects play a role in sporting success. India's performance in the recently concluded Tokyo 2020 Summer Olympics and Paralympics, where India won 7 medals including one precious gold medal won by Neeraj Chopra in Javelin throw, signifies the importance of proper training and recovery management. An incredible 19 medals achievement in Paralympics, including 5 gold medals, further demonstrated the importance of scientific support during training. To compete and level with the internationally leading countries in sports arena, it is necessary for Indian support staff, aspiring professionals, and students to develop skills by using latest technologies and advanced tools to analyse athletes and provide necessary suggestions to improve performance.

To cater this modern-era of scientific approach to sports, Department of Sports Science and Yoga of RKMVERI, Belur Math, West Bengal is organizing a two day National level seminar on 'Frontiers in Sports Science'. Four pre-seminar workshops will be held. Students and delegates can choose any one workshop. Each workshop will have a maximum of fifteen participants. During the registration procedure, participants can give workshop preference.

End of the session the participants will be able to understand importance of sports science, techniques, and how sports science support helps in improving health, fitness and performance.

