



Department of Sports Science and Yoga
Ramakrishna Mission Vivekananda Educational and Research Institute (RKMVERI),
(Deemed-to-be-University declared by Govt. of India under Section 3 of UGC Act, 1956)
Belur Math, Howrah -711202, West Bengal

INTERNATIONAL WEBINAR
“NEW HORIZONS IN SPORTS SCIENCES: ACHIEVING HIGH PERFORMANCE”

Date: 19 June 2020

Chief Patron: Swami Atmapriyananda, Vice Chancellor, RKMVERI

Convener: Prof. Asok Kumar Ghosh, Head of the Department

Webinar Schedule

19 June 2020: Session 1- 11.00 am – 12.45 pm		
11:00 am -11:15 am	Invocation address by Swami Atmapriyananda, Vice Chancellor	
11:15 am - 11:30am	Prof. Asok Kumar Ghosh, Head of the Department, - Introduction to the theme of the webinar.	
11:30 am to 12:30 pm	Invited Talk by Prof. Sanmuga Nathan, Sultan Idris Education University, Malaysia	
12:30 pm to 1:30 pm –Break		
19 June 2020, session II: 1:30 pm to 4.00 pm		
Session Chair and moderator: Dr Asok Kumar Ghosh, Head of the Department	Presentation of papers (10 min presentation for each presenters):	
	Speaker (Approximate Time)	Topic
	Pradipta Kumar Giri, S.Bhowmick (1.30 pm)	Gender Difference in Lower Limb Frontal Plane Kinematics During Landing after Table Vault
	Dilip Roy (1.40 pm)	Match Analysis of 2018 FIFA World Cup Football
	Raju Roy (1.50 pm)	The Effect of Cooling Breathing on Heat Stress Management
	Payel Pramanik, S. Nath & P. Karak (2.00 pm)	Importance of -hydroxy--methylbutyrate (hmb) supplementation in different sports: a systematic review
Anindya Modak, P. Karak (2.10 pm)	Review on effect of pre-exercise carbohydrate loading on endurance exercise	

	Dhiraj Dolai (2.20 pm)	Comparative study of range of motion of shoulder joints of freestyle and breast stroke swimmers and hip joints and knee joints of middle and long distance runners
	Harisadhan Biswas (2.30 pm)	Incidences of Injuries in District Level Football Players of West Bengal
	Md Khairul Islam (2.40 pm)	Yogic Management in Subclinical Cumulated Trauma Disorder-Related Pain in Para-scapular, Shoulder, Elbow and Wrist Joints
	Soma Das, Md. K. Halder and A. Bandyopadhyay (2.50 pm)	Physical Fitness, Academic achievement and Socioeconomic Status: A Three Dimensional Study in Kolkata, India
	Sharmin Akhtar, K. Chatterjee (3.00 pm)	Relationship between kinematic parameters of standing throw and ball velocity of female handball players
	Dibendu Kr. Bej (3.10 pm)	Analysis of physiologic and kinematic variables of women elite race walking
	Arumay Jana, A. Paul (3.20 pm)	Effect of yogic practices on low back pain: a pilot study
	Abhijit Sarkar (3.30 pm)	Yogic Lifestyle: A Revival of Ancient Culture
3:40 pm – 3:55 pm	Summary of the presentations by Prof. Asis Goswami, UNESCO Chairholder in Inclusive Adapted Physical Education and Yoga.	
3:55 pm –4.00 pm	Vote of Thanks by Prof. Subhankar Ghosh, Associate Professor of Physics, St. Xavier's College, Kolkata,	

Instruction to Presenters

1. Please be ready with your presentation following the time schedule.
2. Please remember since this is not a regular in-person seminar presentation, a time relaxation can not be given. **In this webinar no extra time can be provided to any presenter.**