



# YOGA FEST 2017

## Tentative Programme

Day 2: 18 March 2017 (Saturday)

S. No.	Time, Venue, Item	Details
1	10.00 am—11.20 am Vivekananda Sabhagriha <b>Seminar Talks</b> (20 minutes each)	<b>Sri Mrinal Chakrabarty</b> (Indian Yoga Federation) <b>Sri Subrata Ghosh</b> (West Bengal Yoga Association) <b>Dr Prem Sundar Das</b> (PS Das Yoga Research Centre) <b>Dr Rajeshwar Mukhopadhyay</b> (Kaivalyadham, Pune)
2	11.25 am—12.25 pm Main pandal <b>Yoga Demonstration</b>	Team # 5: <b>Janashiksha Mandir, Belur Math</b> Team # 6: <b>Kreeda Bharati</b>
3	12.25 pm –1.05 pm Vivekananda Sabhagriha <b>Interactive Discussion Session</b>	<b>Frequently Asked Questions (FAQs)</b> <b>about Yoga</b>  <b>Dr B.R. Sharma</b> (Kaivalyadham, Pune) <b>Dr Rajeshwar Mukhopadhyay</b> (Kaivalyadham, Pune) <b>Sri Niren Majumdar</b> <b>Sri S. Sridharan</b> Trustee, KYM <b>Sri V. Srinivasan</b> Executive Director, KYM  <b>Moderator: Swami Atmapriyananda</b>
1.15 pm—2.15 pm : Lunch		
4	2.30 pm—4.00 pm Main pandal <b>Panel Discussion :</b> <b>Yoga for Rural India</b>	<b>Panelists:</b> Prof Sabujkoli Sen Dr Sudip Sundar Das Sri Swapan Das Sri Dipankar Pal Sri Nakul Chandra Mahato, SDO, Jhargram <b>Moderator : Dr. U. S. Ray</b>
5	2.30 pm—4.00 pm Vivekananda Sabhagriha <b>Quiz competition</b>	Among the participating students
6	4.10 pm—5.00 pm Main pandal <b>Yoga Demonstration</b>	Team # 7: <b>West Bengal Yoga Association</b> Team # 8: <b>World Yoga Society</b>

7	5.15 pm—5.55 pm Main pandal <b>Seminar Talks</b>	<b>Swami Vivekananda's <i>Raja Yoga</i> – a Unique Response to Classical Yoga in the Modern Age of Science</b> Swami Atmapriyananda, Vice Chancellor, Ramakrishna Mission Vivekananda University, Belur Math
8	6.00 pm—6.40 pm Main pandal <b>Yoga Demonstration</b>	Team # 9: <b>Asian Yoga Research Institute</b> Team # 10: <b>P. S. Das Yoga Research Centre</b>
9	6.45 pm—7.20 pm Main pandal <b>Aratikam</b>	<b>Participation by all</b>

**Note:**

***Yoga Workshops will be conducted during the day at Prajna Bhavan.  
For details, see Appendix.***